



TRINITY MANOR BALWYN

NEWSLETTER

SPRING —2022

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SPRING HAS SPRUNG

WE AND THE BIRDS ARE SINGING



REMEMBER
TO
LIKE OUR
FACEBOOK PAGE!

Hello

I am happy to introduce myself Rebecca, I have been in Lifestyle at Trinity Balwyn for 1 year now and have enjoyed getting to know our amazing Elders and their families.

Merran has joined the Lifestyle team 3 days a week. She has lots of enthusiasm and ideas that we are starting to implement.

We have had entertainers back in and enjoyed Afternoon High Tea.

We have weekly visits from Daisy Dog. She is a small Jack Russell cross, very docile and likes to be carried around in a bag when not playing ball.

Our knitting ladies Joan & Roz visit each fortnight for Knit & natter.

Peter our Leather man has been visiting once a month. The Elders have made wallets, purses, handbags, key chains and much more.

Bingo with Kath each Wednesday is very popular, everyone wants to win chocolate.

Melbourne Cup week we had an afternoon tea celebration with cup sweep and made our own fascinators to wear.

We are now focussed on Christmas with entertainment, craft, tree decorating, and much more.

Merran and I have started planning for 2023 and have lots of exciting ideas for our Elders.

If you would like to volunteer or have an idea please talk to Merran or myself as we are always open for suggestions and assistance.

Have a happy and safe Christmas

Rebecca & Merran

Lifestyle



Rhythm of Daily Life...



Elvis Entertainment October 2022
Maria & John enjoying themselves.



Rhythm of Daily Life...

David A having a dance

Merle C enjoying the music





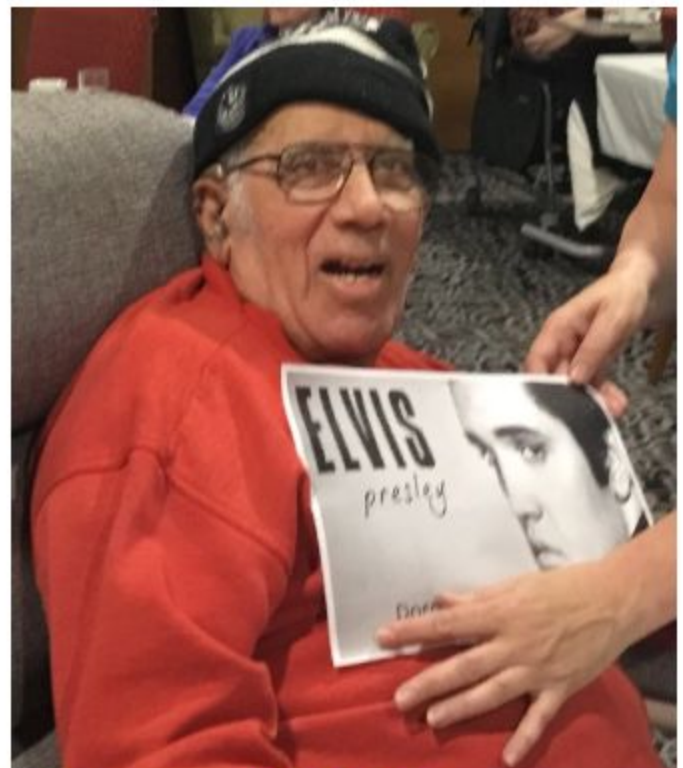
Rhythm of Daily Life...



Nan C being serenaded by Elvis

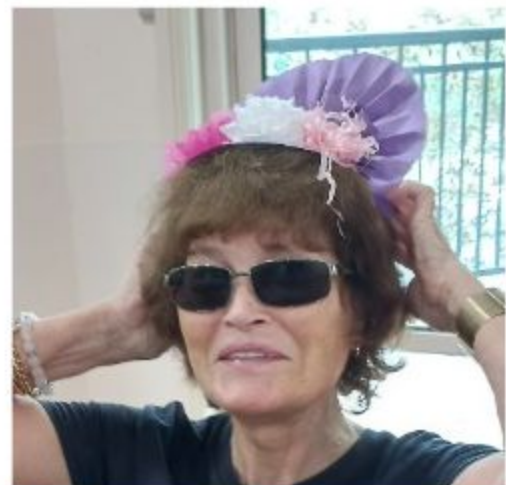
Margery K enjoying the afternoon with Elvis

Reg M enjoying the concert





Rhythm of Daily Life...



Ladies busy making fascinators for Melbourne Cup Celebrations



Rhythm of Daily



Betty M, Margery K, Merle C & Nan C
very proud of the fascinators they have
made.





Rhythm of Daily Life...

Well Done Betty J!!
Winner of the Melbourne
Cup Sweep



Margaret B & Enid F
enjoying the festivities

Stan S looking very Dashing for the races.





Rhythm of Daily Life...

Everyone dressed to impress at our
Melbourne Cup Celebration.

Sam L, Reg M, Robert C, John L, Bala, Stan S & Doug M



Merran (Lifestyle)

Merle C & Margery K





Rhythm of Daily Life...

BINGO

Robert C, John L, Reg M, Nan C





Rhythm of Daily Life...



Daisy Dog Visits
Stan S, Rhonda M, Maria L
& Betty J





Rhythm of Daily Life...

Nail Beauty afternoon
Rhonda M & Enid F





Rhythm of Daily Life...



Christmas Card Making
With Betty J, Margery K, Merran
and Merle C





Christmas Preparations

Please inform Care Manager if you are taking your loved one out for Christmas and/or New Year.

If you require a wheelchair please inform Care Manager so we can arrange.

We wish our Elders and their families and friends a wonderful and safe Christmas
Merry Christmas From Rebecca & Merran Lifestyle

Everyone have a safe
and happy holiday season



Safety & Emergencies

Trinity Manor has an active Health and Safety Program and has systems in place to identify and eliminate/control hazards. If an elder or visitor identifies a hazard please inform staff verbally or complete an Improvement Form for us to follow up. Please ensure your own safety and that of other elders and staff by being mindful of closing doors behind you.

Staff have been trained for emergency procedures. In the event of an emergency, for example fire, follow staffs instructions. Emergency practice drills are conducted each year. You may be asked if you would like to participate.

Trinity Manor is well protected with its advanced and extensive fire detection and fire fighting installations. However, it is recommended that you familiarise yourself with the fire exit locations.

If you hear fire alarm sounding, please await instructions from a staff member.

Please remember in the event of a fire:

- ◆ DO NOT USE THE LIFTS
- ◆ REMAIN CALM
- ◆ PRESS THE NURSE CALL BUTTON TO ATTRACT THE ATTENTION OF A STAFF MEMBER

If you are evacuated, please:

- ◆ Remain calm
- ◆ Leave all belongings behind you
- ◆ Follow the instructions of the staff member
- ◆ Go to the designated assembly area and await further instructions
- ◆ Any visitors or family with an Elders at the time of a Fire or Emergency are also requested to remain in your room and await instructions from staff to ensure an ordered response to emergency procedures.

Please note, for Nursing Only

Queries:

Direct Phone number for Care Manager Ground Floor is 9091 5244

Direct Phone number for Care Manager

First Floor is 9091 5299

Main Reception Number for all other General Enquiries is 9091-5200



VISITORS

Updated Visiting Days & Hours

You Are Reminded that you will need to make a booking.

Temperature & Sign In plus QR Code to be done.

Bookings are available for visits Monday to Friday between the hours of 10.00am and 2.30pm



ELDERS & RELATIVES MEETINGS

Next Meeting

Wednesday

December 7th 2022

10.30am

Lower Ground Floor

Another reminder, please check with us for any mail that may have arrived.



ELDERS OUTINGS

& HOME VISITS

Due to constant changes to Victorian Laws surrounding Outings & Home Visits

Please refer to updated e-mail information.

For any clarification please speak to Reception.

Elders must be signed out whenever they leave the home and signed back when you return.



ELDERS CLOTHING

Please remember:

When bringing in new items of clothing, please put these in a bag with that Elder's full name clearly written on the bag and then given into the Nurses station.

Priceline Pharmacy is the Pharmacy Group who supplies all medications .

Address:

109 Canterbury Road,
Blackburn

For Queries Contact:

9877-2525



FOOD BROUGHT IN:

If visitors bring food for the Elders, please see the Care Manager first, as specific forms in Elders files must be completed.

High Risk foods like meat, fish and dairy will be discarded if not eaten immediately.

Cooked food brought in, again, must be eaten immediately and cannot be stored.

Non-perishable items such as biscuits, must be in a sealed container, labeled and must be dated if kept in the Elders room.

We ask Visitors not to give brought in food to other Elders not only because of the food safety requirements but because the resident may have a medical condition or allergies that may prevent them from eating the food including the possibility that they may choke.